



Persistent Meanings (Factors) for Leisure Engagement

1. Enjoyment of Nature: to remove oneself from civilization
2. Search for Authentic Experience (Formerly categorized as Escape)
3. Physical Exercise
4. Creativity
5. Relaxation
6. Social Contact: opportunities to meet new people
7. Solitariness: to be by oneself
8. Sexual Contact
9. Family Interaction
10. Recognition Status
11. Social Power
12. Altruism
13. Stimulus Seeking
14. Self-actualization, Self-improvement, Feedback
15. Achievement and Attainment
16. Challenge and Competition
17. Way to kill time and to avoid boredom
18. Intellectual Aestheticism