

Date: Summer 2009

To: Social Work 118 Students
Strategies and Treatment of Chemical Dependency

From: Mimi Lewis LCSW, DCSW, CADCH
CSUS Professor, Division of Social Work

RE: Preparing for First Class
Saturday, August 29, 8:00

Dear Students:

I hope your summer was rewarding. Sorry to be the one to bring you back to reality but Social Work 118 is a course that requires special attention because of its weekend format. As is standard practice with all weekend courses the students should be prepared before first class.

Please read the following for the first class on Saturday, August 29:

1. Fisher & Harrison Textbook: Chapters 1-3
2. Rodriguez, Vasche & Waters (2000). A madness called meth: California's social, medical and environmental nightmare. (Available on SacCT & Division Website)
3. Kershaw & Cathcart (2009). Reefer madness: Marijuana's increased potency...(Available on SacCT & Division Website)

I realize that all-day classes can be arduous. I am up for the challenge and will be ready with activities to keep us all going. We will make this class fun and interesting...really! Bring snacks to share to make the day more bearable for everyone. You might want to bring some stimulant or "uppers" (coffee, cola, tea) to keep you going!

Please feel free to email (address above) if you have any questions or concerns beforehand. I will spend time thoroughly reviewing the syllabus/assignments on the first day. I hope the readings are a good transition back to the classroom. I look forward to meeting you.

- Class dates: 8/29, 9/26, 10/17, 11/14, and 12/12.
- Time of Class: 8am to 5pm
- Location: Mendocino Hall, Room 1022
- Required Textbook:
Fisher, G.L. & Harrison, T.C. (2009). *Substance abuse: Information for school counselors, social workers, therapists and counselors, fourth edition*. San Francisco: Pearson/Allyn and Bacon.
- Recommended Textbook
Inaba, D.S. & Cohen, W.E. (2007). *Uppers, downers, all arounders: Physical and mental effects of psychoactive drugs, sixth edition*. Ashland, Oregon: CNS Publications, Inc.